

All eggs, pork, and beef products are free range and sourced locally. Where possible vegetables are bought from local growers to maximise the benefit tourism provides in our area.

**** Please inform your waiter of any dietaries when placing your order ****

Starters

Vegetable Spring Rolls - with Thai dipping sauce **(V)**

Olive Ciabatta Bruschetta - with Slow Roasted Tomatoes, Basil Peanut Pesto with a Confit Garlic & Butterbean Hummus **(V)(N)**

Grilled Halloumi & Carrot Rosti Stack - with Mint Salsa Verde **(V)**

Thai Fish Cakes - Green Herb Salad & Sweet Chilli Sauce

Chicken Satay - Grilled Chicken Kebabs with Peanut Satay Sauce **(N)**

Lighter Meals, Baguettes, Wraps and Salads

Nachos with Beans, Salsa & Melted Cheese **(V)**

plus Chilli Beef **or** Bacon

Baguettes - served with seasonal salads

Grilled Halloumi, Spinach, Sundried Tomato & Peanut Pesto **(V)(N)**

Fillet Steak, Pan Fried Onions, Tomato & Mustard Mayo

Tuna, Sweetcorn & Mayo

Coronation Chicken

Wraps - Homemade Tortilla filled with deliciousness & served with a side salad

Roasted Balsamic Vegetables with Basil and Feta **(V)**

Pulled Pork & Refried Beans

Cajun Chicken with Avocado (in season) and Lemon Mayo

Salads - mixed fresh leaves & rocket with a variety of options

Greek - Tomato, Cucumber, Olives, Red Onion & Feta **(V)**

Moroccan - Spicy Butternut, Chickpea & Grilled Halloumi **(V)**

Niçoise - Tuna, Green Beans, Olives & Egg

Mediterranean - Chicken, Sundried Tomatoes, Olives & Grilled Vegetables

Toasted / Fresh Sandwiches - see board for filling choices

Bowl of French Fries

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Main Courses

Chicken or Vegetable Stir Fry - Chicken and/or Crunchy Vegetables in an Asian sauce, stir fried & served on a bed of Noodles or Rice
Vegetable **(V)** Chicken

Flatdogs Chicken Mango Curry with steamed local Rice

Indian Potato & Eggplant Curry with Lentil Dahl, Rice & Chapatti **(V)**

Homemade Burgers with French Fries & Side Salad

- Lentil & Grilled Vegetables served in a Pita Pocket **(V)**
- Grilled Chicken Breast & Peanut Pesto Burger served in a fresh Sesame Roll **(N)**
- Classic Beef Burger with Onion Marmalade served in a fresh Sesame Roll

Nsima - our traditional meal, served with two local vegetable relishes

Vegetarian **(V)** Chicken Fish

Homemade Pappardelle Pasta

- Peanut Pesto, Confit Tomatoes and Parmesan Shavings **(V)(N)**
- Chicken in a creamy White Wine & Mustard Sauce with Sundried Tomatoes, Mushrooms (seasonal) and Basil
- Beef Ragu

Pan-fried Fillet of Fish - served with a Lemon Butter Sauce, Crushed Baby Potatoes & Steamed Seasonal Vegetables

Flatdogs Pizza - Homemade Pizza with Tomato sauce, Mozzarella & a choice of 3 extra toppings (Bacon, Olive, Pineapple, Mushroom, Peppers, Ham, Onions)

Falafel & Halloumi – Chickpea Falafel with Grilled Halloumi and Roasted Pumpkin, Minted Raita & a green salad **(V)**

See blackboard for daily specials

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Desserts

Chocolate Brownie - with vanilla ice cream

Vegan Chocolate Brownie - with mango sorbet

Fresh Fruit Salad –

Sticky Date Pudding - with Ginger Ice Cream **(N)**

Apple & Berry Crumble - with Custard **or** Cream

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Kids Menu

BBQ Chicken wings - with Sweet Potato Wedges & Salad

Pizza - Cheese & Tomato, Ham & Pineapple or Bacon & Mushroom

Fish Goujons - breaded strips of Tilapia with Sweet Potato Wedges & Salad

Spaghetti - with Meatballs & Tomato sauce
or just the Tomato sauce!

Lion Cub Burger – Beef or Chicken with French Fries

Teas and Coffees

Cup of Tea or Nescafe (Decaf Nescafe available)

Pot of Tea (Earl Grey, Rooibos or regular)

Pot of Filter Coffee (Zambian freshly ground coffee)

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