

# Breakfast

All Eggs and Pork Products are Free Range and Locally Sourced

\*\*\* Please inform your waiter of any dietaries when placing your order \*\*\*

**Early Bird (from 05.30am)** - Cereal, Yoghurt, Toast, Preserves & Tea or Coffee

**Cooked breakfasts available from 07.00am**  
**Homemade White & Brown Bread Available**

**Fresh Fruit Salad -**

**Yoghurt & Muesli Pot** - Homemade Muesli, Fruit, Yoghurt & Local Honey **(N)**

**Two pieces of Toast** - with Butter & Preserves

**Two Eggs on Toast** - however you like them

**Smashed Avocado & Poached Eggs** - on Sourdough Toast **(V)**

**Flatdogs' Cooked Breakfast** - 2 Eggs, 2 Toast, Sausage, Bacon, Grilled Herb Tomato and Tea or Coffee

**Omelette** - 3 Egg Omelette (Whites or Whole Eggs) with your choice of 2 Fillings served with white, brown or sourdough toast

**Pancakes** - 3 American-style Pancakes with Berry Compote, Homemade Yogurt and Muesli Crumble **(N)**

**French Toast** - 2 pieces of "Eggy-Bread" cooked till golden. Savoury or sweet, with extras of your choice as below

**Gluten Free French Toast** - Cassava & Banana sweet "Eggy-Bread" with extras as below

**Extras:** Back Bacon , Sausage , Egg , Beans , Grilled Tomato Mushroom , Banana , Maple Syrup , Mixed Fruit, Cheese

**Cup of Tea or Nescafe** (Decaf Nescafe available)

**Pot of Tea** (Earl Grey, Rooibos or regular)

**Pot of Filter Coffee** (Zambian freshly ground coffee)

\*\*\*We cannot guarantee that Zambian produce is 100% nut free \*\*\*